

THE SOCIAL WORKER'S TOOLBOX

In their daily work social workers analyse and reduce stressors in clientsituations, like relation-problems, divorce, workoverload, familystress, poverty, violence, identityproblems. They treat employees, patients, children and their families, students, inhabitants of youth-, rehabilitation-, forensic institutions. For Dutch social workers who use this revolutionary multimethod approach a book is published: *The Social worker's toolbox*. This book covers:

- The biopsychosocial theory of social work
- The de-stress/empowerment-theory
- Pragmatic and dialectic existential philosophy
- Psychosocial stressanalysis of clientsituations
- The overview of 20 social work methods
- From each method are systematicly written: history, goals, (contra-)indications, techniques, etc
- The multimethod treatment planning in 3 steps
- Examples of social work reports
- Handy checklists and scaling-techniques for evidence-based practice.

Direct application

This book gives a transparant map of the social work toolkit With this book social workers can easy explain why their actions will succeed in stressreduction and empowerment. The tools in this books can be also applied easy.. It gives unity in the technical and theoretical diversity which is so typical for social work practice. The book gives a powerful theoretical and practical underpinning of social work.

Target group?

Social work-starters can not miss this book because of the supportive map and overview it gives. For experienced social workers this handbook is a handy overview and possibility for deeping their practice. For schools of social work this book offers a handy map for instructions in theory and practice of social workmethods.

About the author

Since 1977Herman de Mönnink holds a position at the School of Social Work at Hanze University Groningen (The Netherlands). He is health-psychologist & traumapsychologist in private practice. In his practice he also trains social workers in multimethod social; work and other professionals in griefcounseling, traumadebriefing burnoutprevention. He is the author of the Dutch bestseller Griefcounseling, guide for professional practice and several articles.

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model. (dutch)
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